

Learn How Your Diet Affects Your Breastmilk

The American Academy of Pediatrics recommends breastfeeding exclusively for the first six months of your child's life, with continuation for one year or longer as complementary foods are introduced.

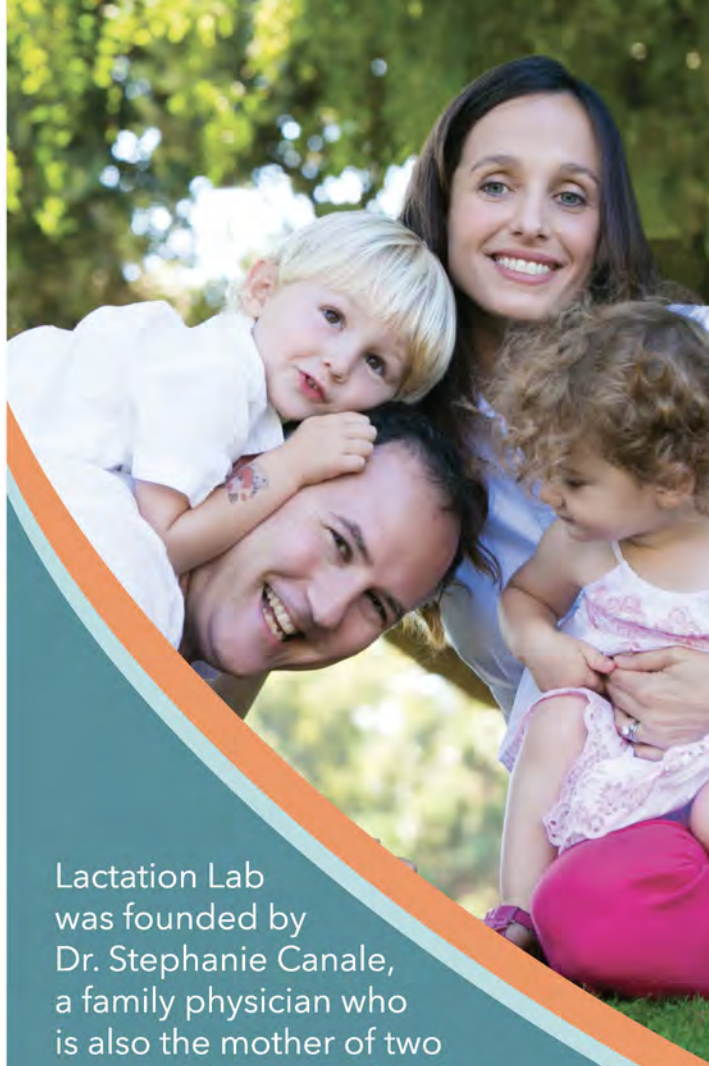
Your milk's composition can affect your child's growth and general health, but access to this type of information has been surprisingly difficult to find - until now.

But Have You Ever Wondered What is In Your Breastmilk?

Lactation Lab provides simple and affordable testing of key nutrients in your milk. We can also test for the presence of heavy metal toxins that could be harmful to the development of your child.



Questions? www.support.milkstork.com



Lactation Lab was founded by Dr. Stephanie Canale, a family physician who is also the mother of two young children. Both in her practice and in her personal life, she found the lack of available information and ability to test breastmilk frustrating and embarked on a mission to change it.

To find out more information about breastmilk testing, a complete list of test packages, or to order a test kit, please visit us at:

Order Now!
portal.milkstork.com/exelixis

Discover
What Is In
Your
Breastmilk

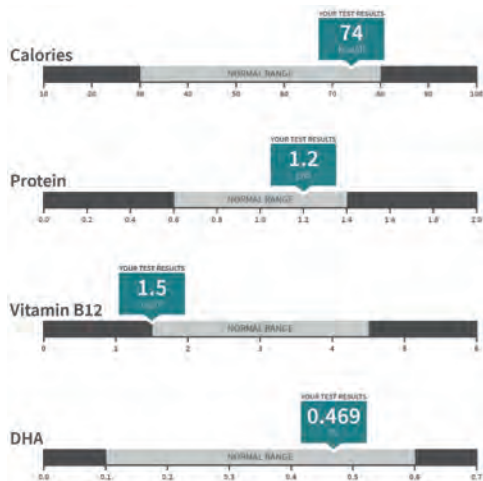


Empowering
Moms For
Healthier Babies!

Why TEST Your Milk?

10-15% of breastfed babies are failure to thrive on breastmilk alone.

The nutritional content of milk can actually vary widely between mothers based on their diet, genetics, and lifestyle. In fact,



What Can YOU Do About It?

your child's health.

Having the right information is key to making decisions that affect you and

Lactation Lab empowers you to learn how your diet affects your milk and what supplements you may need to optimize your milk.

We will test your breastmilk and make the results available to you in easy to understand graphs, showing where your specific biomarkers fall within the spectrum.

Armed with this data, you can review the results with your healthcare provider to make informed decisions about your diet and lifestyle, and how it reflects on your breastfed child.



Some Facts About Breastmilk:

- Women who have lactation support and learn about their milk have been shown to breastfeed longer.
- Cadmium, lead, and arsenic are toxins that can be introduced into our food supply when crops grow in polluted soil or contaminated water is used to irrigate. These toxins get passed from mother to child through breastmilk.
- Learn more at LactationLab.com
- If the caloric count of your breastmilk is low, your infant may have difficulty putting on weight and fall behind on the growth curve.
- Breastmilk contains proteins that help ward off infections.
- A diet rich in fish and shellfish could elevate the presence of mercury in breastmilk.

	Basic	Standard	Premium
Calories	✓	✓	✓
Carbohydrates	✓	✓	✓
Protein	✓	✓	✓
Fat	✓	✓	✓
Calcium		✓	✓
Iron		✓	✓
Vitamin A		✓	✓
Vitamin C		✓	✓
Vitamin B-12		✓	✓
DHA Omega-3			✓
Arsenic			✓
Cadmium			✓
Lead			✓
Mercury			✓