



Take advantage of your Supplemental Health wellness benefit

*Congratulations! You made a great decision by enrolling for Accident and Critical Illness Insurance issued by **The Prudential Insurance Company of America (Prudential)**.*

➔ But did you know that your employee paid coverage includes a wellness benefit¹ of \$50 for Critical Illness and \$50 for Accident, which helps you to stay healthy by rewarding you for health screening tests such as your routine health check-up, dental exam, mammogram, and more?² And now you can easily submit your wellness claim just by:

- Visiting www.prudential.com/mybenefits
- Or calling **844-455-1002**, M-F, 8 a.m. to 8 p.m. ET to speak with a representative.

Claim your benefit if you or a covered person received one of the covered wellness benefits listed below.

Health Screening Test	
Abdominal aorta ultrasound screening for aneurysms	Lipid panel
Bone marrow testing	Mammogram
Carotid doppler	Oral cancer screening
Chest x-rays	Pap smears/Thin prep pap test
Colonoscopy	Prostate-Specific Antigen test (PSA)
Dental Exam	Routine health check-up exam
Doppler Screening for peripheral vascular disease	Serum protein electrophoresis
Echocardiogram	Skin cancer biopsy
Electrocardiogram (EKG)	Skin cancer screening
Eye Exam	Stress test on bicycle or treadmill
Flexible Sigmoidoscopy	Thermography
Hemoccult stool specimen	Triglycerides blood test

For a complete list of health screening tests, please see your Outline of Coverage.

1 The Wellness benefit is payable once per calendar year, per covered person, if the covered person receives a covered health screening test while not confined in a hospital.

2 The Screening/Wellness benefit is not available in all states.

Group Critical Illness Insurance coverages are limited benefit policies and are not substitutes for medical coverage that provides benefits for medical treatment, including hospital, surgical and medical expenses, and they do not provide reimbursement for such expenses. Group Insurance coverages are issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ.

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