# **8** Guardian<sup>,</sup>



Watch our video Learn how dental insurance can protect your long-term health.

# Dental insurance

Taking care of your teeth is about more than just covering cavities and cleanings. It also means accounting for more expensive dental work, and your overall health.

With dental insurance, routine preventive care can lead to better overall health. And you'll be able to save money if any extensive dental work is required.

### Who is it for?

Everyone should have access to great dental coverage, which is why we offer comprehensive plans that are available through employers as part of your benefit offerings.

#### What does it cover?

Dental insurance helps to protect your overall oral care. That includes services like preventive cleanings, x-rays, restorative services like fillings, and other more serious forms of oral surgery if you ever need them.

### Why should I consider it?

Poor oral health isn't just aesthetic, it's also been linked to conditions including diabetes, heart disease, and strokes. So, while brushing and flossing every day can help keep your teeth clean, nothing should replace regular visits to the dentist.



### **Staying healthy**

Joe visits his dentist for a routine dental cleaning, to take care of his teeth as well as his overall health.

Oral health is about more than just teeth and gums. It's also essential for a range of other health and wellbeing reasons:

**Cardiovascular disease:** Some research suggests that heart disease, clogged arteries, and strokes may be linked to inflammation and infections from oral bacteria.

**Osteoporosis:** Weak and brittle bones may be linked to tooth loss.

**Diabetes:** Research shows that people with gum disease find it more difficult to control their blood sugar levels.

Alzheimer's disease: Worsening oral health is seen as Alzheimer's disease progresses.

All information contained here is from the Mayo Clinic, Oral Health: A Window to Your Overall Health, www.mayoclinic.com. 2021.

You will receive these benefits if you meet the conditions listed in the policy.

# Your dental coverage

**Option I or 2: Core or Buy Up** plan, you can visit any dentist; but you pay less out-of-pocket when you choose a PPO dentist. Out-of-network benefits are based on a percentile of the prevailing fee data for the dentist's zip code.

Option 1: Core	e	Option 2: Buy Up	
DentalGuard Preferred		DentalGuard Preferred	
In-Network	Out-of-Network	In-Network	Out-of-Network
\$50	\$50	\$50	\$50
3 per family		3 per family	
Preventive	Preventive	Preventive	Preventive
In-Network	Out-of-Network	In-Network	Out-of-Network
100%	100%	100%	100%
90%	90%	90%	90%
60%	60%	60%	60%
Not Covered (applies to all levels)		50%	50%
\$1750		\$2	.500
Yes		Y	es
\$700		\$900	
\$350		\$450	
\$500		\$700	
\$1250		\$1500	
Not Applicable		\$2	500
26		2	6
	DentalGuard Pret In-Network \$50 3 pe Preventive In-Network 100% 90% 60% Not Covered \$1 Ya \$3 \$5 \$1 Not Ap	In-Network Out-of-Network   \$50 \$50   3 per family Preventive   Preventive Preventive   In-Network Out-of-Network   100% 100%   90% 60%   60% 60%   Not Covered (applies to all levels)   \$1750   Yes   \$700   \$350   \$500   \$1250   Not Applicable	DentalGuard PreferredDentalGuard PreIn-NetworkOut-of-NetworkIn-Network\$50\$50\$503 per family3 pPreventivePreventivePreventiveIn-NetworkOut-of-NetworkIn-Network100%100%100%90%60%60%60%60%60%50%\$1750\$2YesY\$700\$1\$350\$1\$1250\$1Not Applicable\$2

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## Your dental coverage

A Sample of Services Covered by Your Plan:

		<b>Option 1: Core</b> Plan pays (on average)		<b>Option 2: Buy Up</b> Plan pays (on average)		
		In-network	Out-of-network	In-network	Out-of-networ	
Preventive Care	Cleaning (prophylaxis)	100%	100%	100%	100%	
	Frequency:	2 in 1	2 in 12 Months		2 in 12 Months	
	Fluoride Treatments	100%	100%	100%	100%	
	Limits:	Unde	Under Age 19		Under Age 19	
	Oral Exams	100%	100%	100%	100%	
	Sealants (per tooth)	100%	100%	100%	100%	
	X-rays	100%	100%	100%	100%	
Basic Care	Anesthesia*	90%	90%	90%	90%	
	Fillings‡	90%	90%	90%	90%	
	Perio Surgery	90%	90%	90%	90%	
	Periodontal Maintenance	90%	90%	90%	90%	
	Frequency:	2 in 1	2 in 12 months		2 in 12 months	
	Root Canal	90%	90%	90%	90%	
	Scaling & Root Planing (per quadrant)	90%	90%	90%	90%	
	Simple Extractions	90%	90%	90%	90%	
	Surgical Extractions	90%	90%	90%	90%	
Major Care	Bridges and Dentures	60%	60%	60%	60%	
	Dental Implants	60%	60%	60%	60%	
	Inlays, Onlays, Veneers**	60%	60%	60%	60%	
	Repair & Maintenance of Crowns, Bridges & Dentures	60%	60%	60%	60%	
	Single Crowns	60%	60%	60%	60%	
Orthodontia	Orthodontia	Not	Covered	50%	50%	
	Limits:				Adults & Child(ren)	

This is only a partial list of dental services. Your certificate of benefits will show exactly what is covered and excluded. \*\*For PPO and or Indemnity members, Crowns, Inlays, Onlays and Labial Veneers are covered only when needed because of decay or injury or other pathology when the tooth cannot be restored with amalgam or composite filing material. When Orthodontia coverage is for "Child(ren)" only, the orthodontic appliance must be placed prior to the age limit set by your plan; If full-time status is required by your plan in order to remain insured after a certain age; then orthodontic maintenance may continue as long as full-time student status is maintained. If Orthodontia coverage is for "Adults and Child(ren)" this limitation does not apply. \*General Anesthesia – restrictions apply. ‡For PPO and or Indemnity members, Fillings – restrictions may apply to composite fillings.

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#### Manage Your Benefits:

Go to www.Guardianlife.com to access secure information about your Guardian benefits including access to an image of your ID Card. Your on-line account will be set up within 30 days after your plan effective date.

#### **EXCLUSIONS AND LIMITATIONS**

Important Information about Guardian's DentalGuard Indemnity and DentalGuard Preferred Network PPO plans: This policy provides dental insurance only. Coverage is limited to those charges that are necessary to prevent, diagnose or treat dental disease, defect, or injury. Deductibles apply. The plan does not pay for: oral hygiene services (except as covered under preventive services), orthodontia (unless expressly provided for), cosmetic or experimental treatments (unless they are expressly provided for), any treatments to the extent benefits are payable by any other payor or for which

#### Find A Dentist:

Visit www.Guardianlife.com Click on "Find A Provider"; You will need to know your plan, which can be found on the first page of your dental benefit summary.

no charge is made, prosthetic devices unless certain conditions are met, and services ancillary to surgical treatment. The plan limits benefits for diagnostic consultations and for preventive, restorative, endodontic, periodontic, and prosthodontic services. The services, exclusions and limitations listed above do not constitute a contract and are a summary only. The Guardian plan documents are the final arbiter of coverage. Contract # GP-I-DG2000 et al.

DentalGuard Insurance is underwritten and issued by The Guardian Life Insurance Company of America, New York, NY. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides DENTAL insurance only. Policy Form # GP-1-DG2000, et al, GP-1-DEN-16