

Natural Disaster

Preparedness Checklist

Preparing for a natural disaster is crucial for the safety of you and your loved ones. Taking proactive steps ahead of time can make all the difference when an emergency strikes. By getting organized now, you'll be better equipped to face any situation with confidence and clarity. Use the checklist below to start building your disaster preparedness plan.

Gather and protect essential documents:

- ☐ Make copies of IDs, insurance policies, medical records, and legal documents
- ☐ Store originals and copies in a waterproof, portable container
- ☐ Back up digital files and store them securely online or on an external drive
- ☐ Include a printed list of critical phone numbers

Create a reliable emergency contact list:

- ☐ Include immediate family, close friends, and neighbors
- ☐ Add local emergency services, hospitals, and utility companies
- ☐ List out-of-area contacts for relaying information if local lines are busy
- ☐ Keep printed and digital copies readily accessible

Document and inventory your home and assets:

- ☐ Take photos or videos of rooms and valuable items
- ☐ Keep receipts or appraisals for major assets (e.g., electronics, jewelry, appliances)
- ☐ Note serial numbers and model information for high-value items
- ☐ Store your inventory with your emergency documents

Build and practice your family emergency plan:

- ☐ Identify evacuation routes and nearby shelters
- ☐ Assign roles to family members for different tasks
- ☐ Decide how to stay in touch if separated or if phones are down
- ☐ Review and practice your plan regularly with all household members

We understand that natural disasters can be overwhelming and disrupt your life in unexpected ways. Wellthy is here to help you navigate these challenges, whether it's finding temporary housing, connecting with medical support, or managing insurance claims.

Visit wellthy.com/member/exelixis to learn more and be prepared for whatever comes your way.